

# 15 ACTIONS MEN CAN TAKE TO PROTECT THEMSELVES AGAINST FEMINISM

## Feminists Want to Take Men's Lives – Your Home, Your Family, Your Job. DEFEND YOURSELF

**1. RECOGNISE THAT WOMEN HAVE BECOME WEAPONISED AS USEFUL IDIOTS BY MARXIST FEMINISTS.** The world has changed. Since 2010, new laws, amended laws and new application of old laws have radically widened the definitions of domestic abuse, sexual assault, discrimination, harassment, stalking and rape to such an extent that just about anything a man does can now be classed as a crime. Subjective interpretation and intentionally ambiguous definitions are key enabling features. Under Home Office guidance, the police must now Accept everything a woman says, Believe everything a woman says and Check very little (ABC policy). All female accusers are referred to as "victims." Under the Positive Action Policy of the Met Police YOU WILL be arrested. Under the Zero Tolerance policies of the Home Office and the Crown Prosecution Service YOU WILL be prosecuted. YOU WILL be treated as guilty until proven innocent and YOU WILL have to prove your innocence. Feminists especially prey on women with probable mental disorders – sadly now [27% of young women aged 17-22 according to the NHS](#) - to destroy men, boys & families through false, exaggerated & trivial allegations. Feminists want women to hate the ones they love.

**2. SHUN FEMINISTS AND VINDICTIVE PSYCHOS.** Treat the 7% of people that identify as feminists as you would treat terrorists, whether or not they're married. False or exaggerated claims can be made by any woman against any man and feminists are far more likely than non-feminists to do this. Avoid women with degrees in gender studies, use the word "victim," or think the solution to their problems is to report pettiness to the police (or anyone for that matter). Assume all women are feminists until proven to be anti-feminists. Vindictive psychos are more difficult to avoid – you never know until it's too late. Men have always had to deal with psychos, usually by gently walking away, but these days they can come back with a vengeance with false or petty claims and with the police and CPS by their side. Try screening them out by only proceeding with dating if they sign a statutory declaration under penalty of perjury that they have never made an allegation of rape, harassment, stalking, domestic abuse, bullying or trolling. You can both sign one to be fair about it. Never have sex with them if they've had more than two drinks – they lack legal capacity to consent and they or their feminist friend can later accuse you of rape (but they will still be held legally responsible if they drink drive).

**3. INSURE YOURSELF AGAINST FEMINIST ACCUSATIONS.** If you are a man and falsely accused and charged by the police or the CPS you will need money to defend yourself. Check your home insurance, which may cover legal defence. Alternatively, keep £30,000 in a bank account as a legal defence fund. This account cannot be a joint account and your partner must be unaware of its existence. The British justice system de-facto presumes men are guilty until proven innocent and innocence may be expensive to prove.

**4. PROTECT YOURSELF WITH TECHNOLOGY.** Theresa May oversaw the Investigatory Powers Act 2016, which compels all ISPs to log every website you and your family have visited over the past 12 months and make this information available to local police and social workers without warrant. She claimed this was to fight terrorism but it will be re-purposed to fight men. Fight back. Encrypt all of your hard drives. Use no-log VPNs for your internet connection. Send messages only on end-to-end encrypted platforms such as Signal or iMessage. Keep every message and email a woman has ever sent to you and audio record any sexual activity (but don't video). You will need this in court to prove your innocence.

**5. STICK TOGETHER AS A FAMILY.** Family breakdown in the UK is now the highest in Europe thanks to state policy and the court system. You, your wife and your children are the best defence against a male-hating, family-hostile state. Be united in your defence of your children, your property, your religion and your family values against the state's attack on families. Spend time with your family building love and trust with each other. Be honest with each other. Protect each other to the death.

**6. DISTRUST POLICE AND CIVIL SERVANTS.** Meet them with a wall of silence. Teach your children NEVER to speak to these people without you or a solicitor present. This is especially true for your teenage or older boys. Don't be naïve - NHS staff and state school teachers are now social services informants. 20% of all children in the UK under the age of five have been reported to social services. Don't engage in conversation – tell them the minimum information needed to conclude whatever transaction it is you have with them. Do not cooperate with the police, especially the Community Service Unit (social justice warriors with powers of arrest). They will lie, twist and exaggerate to create a case against

you. Video or voice record every conversation or encounter you have with the police, CAFCASS, social services, NHS staff or any other state worker. Your iPhone is your best weapon and your best defence.

**7. AVOID NON-COMMITTAL NORTHERN EUROPEAN, BRITISH AND AMERICAN WOMEN.** Avoid women from the Anglosphere, where feminism is most severe, and avoid living in countries that have ratified the Istanbul Convention. Two-thirds of divorces in the US and UK are now initiated by women, not men. Domestic violence allegations are their weapon of choice in getting custody of your children and your money. Acrimonious UK divorces now threaten husbands with criminal records. Don't be conned by these feminist-inspired women. Sign prenuptial agreements with a view to keeping your wife honest through sickness and in health, but be aware English courts are not legally bound by these. Do not date women who demonstrate a sense of entitlement, victimization or extreme emotional instability. Be particularly aware of women who threaten you when jealous or make up or exaggerate stories about other men they have dated. Reduce your risk by vetting all women you date with a background check, searches on their social media websites such as Facebook, questions about previous relationships and how they ended. If necessary, hire a private detective to ensure they don't have a record of making false or petty allegations against previous partners.

**8. EMBRACE WOMEN WITH STRONG FATHER FIGURES AND COMMON SENSE.** If you are single, seek out women who admire their fathers and brothers. Find those who have experienced real life, who have known hardship, who grew up in well-adjusted social households with fathers and brothers. Seek women who know life is filled with ups and downs. Date family-orientated women who want to make their marriage work, who reject the twisted feminist view of marriage as a power struggle and accept marriage as teamwork.

**9. STARVE THE STATE BY MINIMISING YOUR TAXES.** 75% of income tax in the UK is paid by men. This is in addition to spousal support & child support payments paid by men, many of whom are blocked by state agencies such as CAFCASS or family courts from seeing their children. Taxes paid by men are then used against them by a feminist-controlled state to fund its war against men & families. Tax is theft. Practice legal tax avoidance & stop funding the state's war on men.

**10. STAY OUT OF THE SYSTEM.** Schools are failing boys. Boys now comprise only 40% of university students. The heavily feminised education system is hostile to boys and teaches feminism and identity politics, not critical thinking. Elite private schools are the worst. Mandatory Relationship and Sex Education (RSE) classes is where much of the indoctrination occurs. Be very active in monitoring RSE material and consider joining a home-schooling group.

**11. DITCH YOUR TV LICENSE AND STOP FUNDING THE BBC.** Broadcast television media, most notably the BBC, have become rabidly anti-male. Men are depicted as bumbling idiots and worse. Almost all male news presenters have been purged. Starve the BBC by declaring you do not watch live TV and stop paying your TV Licence. You can still stream Netflix and watch DVDs. Your mental health will improve tenfold.

**12. BE RESILIENT.** Suicide is now the leading cause of death of males aged between 15-49 in the UK. Men are killing themselves at a rate more than three times higher than women. When a man loses his children, his family and his rights in a system stacked against him it is easy to lose all hope. Be resilient. Join men to build or fix something, eg [Men's Shed](#).

**13. BE GREAT AT WHAT YOU DO.** Don't let the feminists drag you down. Be great at your sport, your business, your intellectual pursuits, or whatever it is you choose to do. Men have a unique ability to compartmentalise and focus without distraction on achieving success. Don't let feminists stop you. Keep achieving.

**14. STAY HUMAN.** Don't turn into a politically-correct male automaton. Don't shut down your emotions, your masculinity or your sex drive. Simply find safe locations and trusted friends to express your humanity. Exercise every day. Men especially need it. Feel the testosterone and endorphins. Be physically alive.

**15. EXERCISE YOUR RIGHTS & FIGHT BACK.** Most men & families in the UK are unaware of how their rights have been assaulted by the state's actions and changed over the past years. Get informed & stay informed. Know your rights under the European Convention on Human Rights. Exercise and stand up for your rights and family values. Recognise the laws are wrong, Police and CPS application of the law is wrong and the justice system has become politicised. Engage in non-violent civil disobedience with others. Due process and free speech no longer exist. Be prepared to risk getting arrested.